



Your brain is in the glass

PARTICIPANT WORKSHEET

Name _____ Date _____ Sample code(s) _____

First pass — write before discussion

Prompt	Sample A / first observation	Sample B / comparison
Cup 1 first note		
Cup 2 first note		
Prompt effect		
What stayed constant?		

Evidence → hypothesis

Observation(s): _____

Hypothesis: _____

Alternative explanation: _____

Confidence [] strong evidence [] plausible [] insufficient evidence

After the reveal / discussion

What held up? _____

What changed? _____

What remains unresolved? _____

One sentence worth keeping

Participation options

Observe-only and alcohol-free participation are complete ways to take the class. If tasting wine, use small pours; spit or stop whenever you choose. Learning, not finishing the glass, is the task.