

## LEVEL 1 • C01

# Taste without making things up

## HOST PURCHASE + PREP SHEET

Use this before class. Bottle examples are teaching targets, not endorsements or stock guarantees. Check the current label and producer information; substitute by style when necessary.

## What to buy

- Required: one safe drink per participant—wine, juice, tea, or water.
- Optional A/B: the same wine in two glasses, or any two contrasting drinks. No special bottle is required.

## Set up

- Clear glasses; water; pens; pale background.
- Pour 1 oz wine maximum per participant. Hide labels if comparing.
- Print one participant worksheet per person.

## Host checklist

|                          |                                        |
|--------------------------|----------------------------------------|
| <input type="checkbox"/> | Purchase or select samples             |
| <input type="checkbox"/> | Code and chill / temper samples        |
| <input type="checkbox"/> | Print one worksheet per participant    |
| <input type="checkbox"/> | Set water, food, and spit cups         |
| <input type="checkbox"/> | Start the lesson before social refills |

## Reuse rule

If a later class reuses an opened bottle, keep it tightly closed and refrigerated and use it later the same day or the next day. Re-taste before class; replace any bottle that is clearly tired or oxidized.

## Group format

A big-screen gathering works well: seat everyone where they can pause and write. Complete the structured lesson before people consume enough alcohol to blunt attention. Discussion follows private notes.

Buying note updated 29 August 2026